



7 Steps to Invoke Your Angels

Step 1: Close your eyes. Take a deep relaxing breath in and out. Begin to imagine Divine light all around you.

Step 2: Imagine light above you, below you and surrounding you. Imagine the light is filling you and flowing all around you and through you, increasing the amount of light that is in you, thus raising your vibration.

Step 3: Focus your awareness inside. Focus on the area of your heart chakra. Imagine your heart chakra glowing with light and opening as your vibration increases.

Step 4: Become aware of your direct connection with the light, the Divine, and with all that is.

Step 5: Breathe calmly and relax. Let your vibration continue to rise.

Step 6: From this elevated state of love, light and Divinity, think or speak aloud:

“I now invoke the presence of my Guardian Angel, the Archangels, my Guides and any other Angels who can most serve me now in raising my vibration and assisting me in tuning into their love, support, and guidance. Please come in and connect with me now. Thank you (3x)”

Step 7: Once you invoke your Angels in this way, continue to focus within. Breathe and feel. Become aware of your subtle psychic senses. When you ask, your Angels will connect with you, but it may not be in a way that you would expect. They'll connect through subtle feelings; of clairvoyance, clairaudience, or clairsentience (through your seeing, hearing, or feeling) or simple "knowingness".

Remember: Your angels are always eager and willing to support you in your life!

Just relax, raise your vibration, open your heart, ask the Angels to be with you, and then tune in.

When you invoke Angels, they always answer, so give this a try and enjoy the help, guidance, and presence of Angels in your life because they're with you. They're just waiting for you to invite, invoke, and ASK for their help and guidance.

Adapted from Ask-Angels.com with Melanie Beckler